



Cross Current Health Care, 716-655-9957 [www.crosscurrenthealthcare.com](http://www.crosscurrenthealthcare.com)

## H2O2

### **What is H2O2?**

H2O2 is simply the scientific name for Hydrogen Peroxide. It is a naturally occurring water-like liquid that has many practical applications both inside and outside the home. Hydrogen peroxide (H2O2) is made up of two hydrogen atoms and two oxygen atoms. H2O2 looks like water (H2O), but that extra oxygen molecule makes this natural water additive one of the most powerful oxidizers known to man. It is formed in nature by the action of sunlight on water, and even in honey!

You are probably already familiar with using the low grade 3% hydrogen peroxide [...\*...]. Being a powerful oxidizer, hydrogen peroxide kills bacteria, viruses and fungi on surfaces. This means it is also great for disinfecting your kitchen and bathroom. You can make your household cleaner and safer just by substituting hydrogen peroxide for those caustic chemicals you are currently using.