

Cross Current Health Care, 716-655-9957 www.crosscurrenthealthcare.com

## **BOWEL STIMULANT**

Bowel Stimulant will keep the body's primary elimination channels open by stimulating natural movement of the large intestine and bile excretion from the liver/gallbladder. The body should eliminate at least one time for each meal eaten. That is normal elimination. Anything less is constipation. The more bowel movements you have, the better, as long as you do not have diarrhea. Bowel Stimulant is an all natural, herbal formula that does not create dependency. Some people need to use it every day in order to have regular, dependable bowel movements. The reason for this is either, dietary imbalances, digestive problems or inherited issues with the intestine. The ingredients are all plants from the field. Think of them much like the lettuce, celery and carrot you would use in a salad. Salads are good for you. You don't begin thinking you are dependent on salad if you have that every day.

**DO NOT USE** during pregnancy as some of the ingredients cause muscle contractions and the uterus may contract.